

THE CRAB & LOBSTER INN

SMALL PLATES

OLIVES V GF*	£5.95
Black & Green Olives - Rosemary Garlic - Local Bread	
WHIPPED FETA V GF*	£7.95
Whipped Feta Cheese - Hot Honey Black Pepper - Local Bread	
SMOKED SALMON & PRAWN COCKTAIL GF	£11.95
Gem Lettuce - Mermaid Gin Marie Rose Sauce Topped with a Crevette Served With Brown Bread	

ARANCINI	£8.95
Shredded Beef - Bacon Crisp Arborio Rice - Whiskey Sauce - Panko Crumb	
PÂTÉ GF*	£8.95
Smoked Mackerel Pâté - Lemon Zest Herb Crostini - Pink Pickled Onions	
BRUSCHETTA	
Toasted Ciabatta - Oil of Wight - Balsamic	
- Crab, Chilli & Lime	£11.95
- IW Tomatoes, Pesto VE	£8.95
- Charred Halloumi, Pesto V	£7.95

SEAFOOD SHACK

The Freshest Seafood Landed Daily - Make Your Own Platter And Great For Sharing! All Platters Are Served With White And Wholegrain Crusty Bread And Accompanied With A Trio Of Dips - Classic Mermaid Gin Marie Rose, Chilli And Lime And Katsu Curry And Side Salad

10% DISCOUNT TO TAKE AWAY

SALAD PRAWNS 100g	£6.95	HAND PICKED CRAB 100g	£12.95	SMOKED SALMON 50g	£5.95
SHELL ON PRAWNS 1/2 PINT	£9.95	MACKEREL PÂTÉ	£8.95	LANGOUSTINES x3	£5.95
SHELL ON PRAWNS PINT	£16.95	TIGER PRAWNS Each	£3.95	MIXED SEAFOOD 100g	£6.50

A minimum of 2 seafood shack items need to be purchased together

YOUR FISH, YOUR WAY

YOUR FISH CHOICE

PLAICE	£26.95
SEA BASS	£27.95
SALMON FILLET	£23.95
1/2 LOBSTER	£37.95

SIDE ALL GF

FRIES
TRUFFLE MASH
GARLIC & ROSEMARY
ROASTED NEW POTATOES

ACCOMPANIMENT

IW GREENS
SALAD
RATATOUILLE

SAUCE

BEURRE BLANC
GARLIC & CHILLI
SEAFOOD MORNAV £4 SUPPLEMENT

FROM THE SEA

CRAB SALAD GF	£25.95
Dressed Yarmouth Bay Crab - Garden Salad IW Tomatoes - Cucumber - Pink Pickled Onion Radish - Spring Onion - House Dressing Served With Fries Or New Potatoes	
LOBSTER SALAD GF	£ MARKET PRICE
Half or Whole Yarmouth Lobster - Crab & Lobster Inn House Salad - Served With Fries Or New Potatoes - Add Thermidor Sauce £2.50	
CAESAR SALAD GF	£16.95
Grilled Chicken Breast - Anchovies Croutons - Green House Salad - Caesar Dressing	

FISH 'N' CHIPS	REG £18.50 SML £12.95
Light Soda & Ale Batter Triple Cooked Chips - House Tartare Sauce Minted Crushed Peas - Lemon	
RISOTTO GF	£25.95
Yarmouth Bay Crab & Lobster - Mussels Clams - Prawns - Dill - Asparagus Shellfish Bisque	
SCAMPI 'N' CHIPS	REG £18.50 SML £12.95
Whitby Wholetail Scampi Triple Cooked Chips - House Tartare Sauce Minted Crushed Peas - Lemon	

FROM THE LAND

SHORTRIB GF	£20.95
Braised Shortrib of Beef - Cherry Balsamic Reduction - Truffle Creamed Potato - IW Greens	
TAGLIATELLE V VE*	£13.95
Local Mushrooms - Whipped Feta Add Chicken £4.00	
GRILLED CHICKEN BREAST GF	£16.95
Lemon & Thyme - IW Vegetable Ratatouille Mango Salsa - Garlic & Rosemary Roasted New Potatoes	

STEAK GF	
See Specials for Today's Cut	
8oz IW BEEF BURGER GF*	£17.95
House Burger Sauce - Monterey Jack Cheese Gem Lettuce - Pink Pickled Onions Coleslaw - Fries - Onion Rings	
VEGGIE BURGER V VE* GF*	£15.95
Spicy Chickpea & Quinoa Burger Aioli - Fries - Monterey Jack Cheese Gem Lettuce - Coleslaw	

SIDES

£4.95 EACH

FRIES - CHEESY FRIES - FETA & IW GREENS
GARLIC BREAD - CHEESY GARLIC BREAD
GARDEN SIDE SALAD - BUTTERED NEW POTATOES
TRUFFLE MASH

V = VEGETARIAN, V* = VEGETARIAN OPTION AVAILABLE
VE = VEGAN, VE* = VEGAN OPTION AVAILABLE
GF = GLUTEN FREE, GF* = GLUTEN FREE OPTION AVAILABLE

A discretionary gratuity of 10% will be added to your bill.

THE CRAB & LOBSTER INN

SANDWICHES & PLOUGHMANS

HAM & CHEESE	£9.00
IW Ham - Briddlesford Farm Cheddar House Coleslaw - Baby Gem	
CRAB	£14.00
Yarmouth Bay Crab - Baby Gem Chilli & Lime Aioli	
PRAWN	£12.00
Mermaid Gin Cured Marie Rose Sauce	
BEEF	£11.00
Cured Salt Beef - Monterey Jack Cheese Mustard Aioli - Gherkin - Tomato - Baby Gem	
SALMON	£11.00
Smoked Salmon - Cream Cheese - Lettuce	
FISH FINGER	£13.00
Soda Ale Battered Fish Fingers Toasted Ciabatta - Baby Gem - Tartare Sauce	
PLOUGHMANS	£16.00
IW Ham - Briddlesford Farm Cheddar - Boiled Egg Half Pork Pie - Piccalilli - Spiced Tomato Chutney House Garden Salad - House Pickles - Local Bread	

ALL OF OUR SANDWICHES CAN BE MADE ON:

MALTED BLOOMER - WHITE BLOOMER- PANESCO BAGUETTE

FOR GLUTEN FREE BAGUETTE ADD £1.50

All Sandwiches & Baguettes are served with a simple house salad garnish

V = VEGETARIAN, **VE** = VEGAN, **VE*** = VEGAN OPTION AVAILABLE

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THE CRAB & LOBSTER INN

BREAKFAST

Served daily 8:30 - 10:30am

Please Help Yourself To Cereals And Juices

Your server will take your breakfast & hot drink order

TRADITIONAL BREAKFAST

Fried egg, bacon, sausage, baked beans,
2 hash browns, toast

VEGETARIAN BREAKFAST V

2 Quorn vegan sausages, 2 hash browns,
sautéed mushrooms, baked beans,
baked tomatoes, toast

EGGS YOUR WAY

2 fried, poached or scrambled eggs with
a slice of white or brown toast

ADD: SMOKED SALMON/SMASHED AVOCADO

SLICE OF TOAST

TOAST & PRESERVES

2 slices of toast with a choice of
orange marmalade or strawberry jam

BREAKFAST SANDWICHES

A choice of smoked bacon, pork sausages,
fried egg and quorn vegan sausages

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SOMETHING SWEET

POSSET	£8.00
Lemon And Lavender Posset Shortbread Crumb	
CHOCOLATE	£8.00
Chocolate Orange And Earl Grey Tart - Orange zest	
PANNA-COTTA	£8.00
Blackberry And Gin Panna-Cotta Mermaid Gin Fruits	
PUDDING	£8.00
Sticky Date Pudding - Butterscotch Sauce Vanilla Ice Cream	
ICE CREAM & SORBETS	
Vanilla - Strawberry - Chocolate	£2.50
Biscoff - Stem Ginger - Champagne	£4.00
Mango - Raspberry - Lemon	£5.00

CHEESE

CHEESE	£13.00
Bridleford Cheddar - IW Blue IW Soft - Grapes - Chutney Celery Biscuits	
PORT	£4.50
Cockburns Special Reserve Cockburns Fine Ruby	

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WINE

Whites

Wide River Chenin Blanc SOUTH AFRICA

Light, ripe, attractive rounded fruit. Fresh floral nose and an exciting acid balance.

175ML **£6.25** 250ML **£8.35** BOTTLE **£24.00**

Pato Torrente Chardonnay CHILE

Fresh, ripe exotic fruit characters abound in this consistently high-quality wine from Chile

175ML **£6.75** 250ML **£8.75** BOTTLE **£26.00**

Vicuna Sauvignon Blanc CHILE

Crisp and fresh with limey fruit, a hint of herbs and a twist of melon.

175ML **£6.80** 250ML **£8.90** BOTTLE **£25.00**

Cortefresca Pinot Grigio ITALY

An elegant, soft and dry white wine with excellent flinty minerality.

175ML **£7.10** 250ML **£9.40** BOTTLE **£27.00**

Petit Mazet Viognier FRANCE

Light pale gold. Intense with aromas of apricot, white peach, pear and honey.

BOTTLE **£35.00**

Pask Instinct Sauvignon Blanc NEW ZEALAND

Vibrant acidity supporting flavours of gooseberry and passionfruit. Pale straw in colour with a touch of green. Aromas of subtle lime and mineral.

175ML **£8.75** 250ML **£11.50** BOTTLE **£34.00**

Gavi Luciano DOCG ITALY

A gently aromatic, dry white with green apple, lime and herbaceous characters, typical of the local Cortese grape.

BOTTLE **£37.00**

Sancerre FRANCE

Grassy notes, tropical fruit and hints of blackcurrant bud. The palate is crisp and fresh, with beautiful minerality.

BOTTLE **£46.00**

Bodegas Bagordi Blanco Organic SPAIN

Aromas of ripe fruit, flowers and exotic fruit. A fine balance of acidity and fruitiness giving it an elegant finish.

BOTTLE **£30.00**

Jean de Chaudenay Chablis FRANCE

Crisp, firm Chablis with good fruit and plenty of minerality, juicy and elegant. A fine example of this classic wine.

BOTTLE **£52.00**

Reds

Pato Torrente Cabernet Sauvignon CHILE

Medium-bodied with a rich feel to it, this is an easy-drinking, very approachable style.

175ML **£6.25** 250ML **£8.35** BOTTLE **£24.00**

Telegraph Road Shiraz AUSTRALIA

This Australian red wine displays intense fruit aromas of plum, blackcurrants and brambleberry complemented by a soft, sweet vanilla background.

175ML **£6.80** 250ML **£8.90** BOTTLE **£25.00**

Vicuna Merlot CHILE

This has lovely plummy Merlot fruit with a ripeness that is so typical of Chile. Easy and very drinkable.

175ML **£6.50** 250ML **£8.90** BOTTLE **£26.00**

Uvas del Sol Malbec ARGENTINA

Full-bodied wine reveals ripe fruit flavours of blackberry and cassia with balanced tannins.

175ML **£7.50** 250ML **£9.75** BOTTLE **£29.00**

Gustales Crianza SPAIN

Aromas of soft fruits, plums and vanilla. It has juicy plum flavours with strawberry hints. It is silky smooth and complex to finish.

BOTTLE **£34.00**

Côtes du Rhône FRANCE

Typical peppery flavours and light, fresh fruit together with fine tannins.

BOTTLE **£32.00**

Santa Carolina Pinot Noir CHILE

Deep ruby with violet hues with juicy black fruit flavours and balanced acidity.

BOTTLE **£33.00**

Chateau Tour Bel-Air Montagne-Saint-Emilion FRANCE

Deep ruby in colour displays fruity cherry notes and hints of menthol and liquorice. It has a fantastic full and long finish.

BOTTLE **£38.00**

Châteauneuf-du-Pape, Domaine Perrin FRANCE

The bouquet is fine and complex, remarkably ripe tannin and a full-bodied flavour.

BOTTLE **£65.00**

Rosé & Sparkling

Feather Falls Zinfandel Rosé USA

With aromas of fresh cherries and watermelon, on the palate there are flavours of juicy ripe strawberries and sweet candy.

175ML **£6.25** 250ML **£8.35** BOTTLE **£24.00**

Amanti Pinot Grigio Blush ITALY

Soft, light Pinot Grigio Rosé with good aromas and juicy red strawberry fruit. From near to Venice and ideal to drink by itself or with a meal.

175ML **£6.75** 250ML **£8.75** BOTTLE **£26.00**

Soleil des Alpes, Haute Provence Rosé FRANCE

This pale rosé has red berry aromas with hints of summer flowers.

175ML **£8.50** 250ML **£11.00** BOTTLE **£33.00**

Prosecco White ITALY

Crisp and elegant prosecco with vibrant apple and pear notes and a delicate, floral and fruity finish.

20CL **£9.50** 70CL **£30.00**

Prosecco Rosé ITALY

Light rosé colour: dry, soft and well-balanced on the palate; round and full bodied structure.

70CL **£32.00**

Chapel Down Brut ENGLAND

Fresh, soft and fruity, this blend comes from one of the largest producers of English wine.

BOTTLE **£35.00**

Chapel Down Rosé ENGLAND

Lemon sherbet on the nose, and hints of blackcurrant, rosehip and wild strawberry.

BOTTLE **£35.00**

Baron de Beaupré Champagne Brut FRANCE

White flowers and honeyed notes, a fine mousse, a full fruity flavour and a toasty finish.

BOTTLE **£56.00**

Baron de Beaupré Rosé Champagne FRANCE

A delicate, easy drinking rosé, displaying light floral aromas with subtle red cherry fruit on the palate.

BOTTLE **£56.00**

Nyetimber Classic Cuvee Brut ENGLAND

One of England's finest wines, pure citrus fruit and some pear richness. It's refined and textured, with great balance.

BOTTLE **£68.00**

Smaller glasses of 125ml are also available

DRINKS

GINS

Gordons 37.5%	£3.60
Gordons Premium Pink 37.5%	£3.80
Tanqueray London Dry 43%	£4.20
Hendrick's Gin 41.4%	£4.20
Bombay Sapphire 40%	£4.10
Whitley Neill Gins 43% Raspberry / Rhubarb & Ginger / Blood Orange	ALL £4.20 EACH
Mermaid Isle of Wight Gin 42%	£5.00
Mermaid Isle of Wight Pink Gin 42%	£5.00
Mermaid Isle of Wight Lemon Zest Gin 42%	£5.00

TONICS

Fever-Tree 200ML Indian Tonic / Light Indian Tonic Mediterranean Tonic / Elderflower Tonic Raspberry & Rhubarb Tonic	ALL £2.60 EACH
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SPIRITS

Whisky

Shanky's Whip Liqueur 33%	£4.50
Monkey Shoulder 40%	£4.65
The Glenlivet 40%	£4.65
Jack Daniel's Old No. 7 40%	£4.65
Jamesons 40%	£4.20

Rum

Captain Morgan 35%	£3.60
Mount Gay 40%	£4.20
Mermaid Spiced 38%	£5.00
Kraken Black Spiced Rum 40%	£4.20

Vodka

Isle of Wight Distillery Rock Sea Vodka 40%	£5.00
Absolut Vodka 40%	£4.20
Grey Goose 40%	£4.80
Smirnoff Vodka 40%	£3.60

Other selected spirits available – Please ask your server

Aperol Spritz

£12.50



LAGER & STOUT

Bottled

Peroni Nastro Azzurro Gluten Free 330ML 5.0%	£4.60
Budweiser 330ML 5%	£4.60
Corona 330ML 4.6%	£4.80
Heineken Alcohol Free 330ML	£3.60
Guinness Zero 440ML CAN	£4.40

Draught

Birra Moretti	HALF £3.00 PINT £6.00
Amstel	HALF £2.70 PINT £5.40
Red Stripe	HALF £2.90 PINT £5.80
Neck Oil	HALF £3.35 PINT £6.70
Gamma Ray	HALF £3.50 PINT £7.00
Murphy's	HALF £2.90 PINT £5.80

LOCAL ALES

We serve a selection of locally brewed cask ales, please ask your server for today's selection

CIDERS

Bottled

Old Mout Ciders 500ML 4% Pineapple & Raspberry / Kiwi & Lime / Berries & Cherries	£5.40 EACH
Old Mout Alcohol Free Berries & Cherries Cider 500ML	£4.40 EACH
Crabbies Alcoholic Ginger Beer 500ML 4%	£5.40

Draught

Orchard Thieves	HALF £2.70 PINT £5.40
Inch's	HALF £2.70 PINT £5.40

SOFT DRINKS

J20 275ML Orange & Passion Fruit / Apple & Raspberry / Apple & Mango	£2.95 EACH
Apple / Orange / Cranberry	REGULAR £1.90 LARGE £3.60
Bottlegreen Sparkling Elderflower Presse 275ML	£3.75
Strathmore Still or Sparking Water	330ML £1.95 750ML £3.90
Pepsi Max / Diet Pepsi	REGULAR £2.00 LARGE £3.60
Pepsi	REGULAR £2.10 LARGE £3.70
Coca-Cola Original 330ML GLASS BOTTLE	£3.50
Diet Coke 330ML GLASS BOTTLE	£3.25
Appletiser Original 275ML	£3.50
R Whites Lemonade	REGULAR £2.00 LARGE £3.60
Schweppes Mixers 200ML Ginger Ale / Pineapple / Tomato / Bitter Lemon	£2.60 EACH

Liqueur Coffees all £7.45:

Royal French Courvoisier	Irish Jamesons	Italian Disaronno Amaretto	Seville Cointreau	Calypso Tia Maria	Caribbean Kraken Black Spice Rum
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